

THE REALITY CODE



BIBLE

THE REALITY CODE BIBLE

In this guidebook, I've curated the best spiritual practices from all around the world. Buddhism, Taoism, Witchcraft, Psychotherapy And Even Zen Philosophy.

By purchasing the reality code, you've developed a strong foundation in the world of manifestation.

And now it's time for you explore the entire world of spirituality.

By the end of this book, you'll be able to become a spiritual master across different domains.

You'll get a taste of what the world is like, and the full flavour of all the spiritual practices that you could be trying out.

Most people are stuck in just one spiritual practice.

And while this may get you your first dream car... helping you to manifest those 5- figure pay raises that you want in your life.

You're leaving your potential on the table, because there's so much more that you could be achieving.

You've got infinite potential inside you.

And to ascend to higher levels... with spiritual powers that can help the people around you...

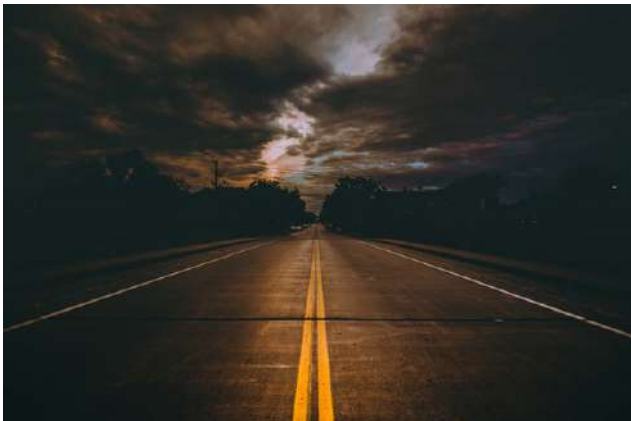
You need to have both breadth and depth in your spiritual practice.

This will give you the 'edge' that you want in your life, and bring you to higher levels of peace, prosperity, love and abundance.

MANIFESTATION TECHNIQUES FROM MULTIPLE DOMAINS AND DISCIPLINES

All through this book, you have been introduced to the different aspects of the reality jump. At this point, you now understand the concept of navigating different life timelines and the factors required for a successful navigation. In this final chapter, we will take a look at manifestation techniques from multiple domains and disciplines and how to apply these techniques to achieve your goals.

HOW TO GET RID OF BAD LUCK



Sometimes in life, we just have a feeling that we are stuck at a bad place. Everything seems to be falling apart no matter how hard we try and it feels like the universe is against us. This is a feeling of bad luck that can lead to frustration and a life of underperformance. The good news is that there are ways to break free of the shackles of bad luck.

These techniques will help you get rid of bad luck and put you in a position to turn your fortune around positively.

- **Prayers**

If you believe in God or a superior and supernatural force that controls the fortune of man, you should turn to that force when things aren't going your way. Prayers can shut the doors of bad luck and open the doors of good luck. However, you must display faith and believe in prayers and the ability of God to turn your fortune around if you want prayers to work for you. A prayer with a sincere heart can turn everything around and give you the perfect life.

- **Purify Your Environment with Herbs**

In ancient times, wizards and witches were invited by people who are suffering from bad luck to help them chase away the bad luck by cleansing their environment with Herbs. Witches and wizards made use of Herbs such as cedar, lavender, and sage in purifying the house. The smoke circulates and disperses the bad luck. You can use this her in cleansing your home and chase away the negative energy lurking around.

- **Make Use of Incense**

I'm different cultures and religion, incense is a powerful tool in maintaining a positive and purr environment. You can buy scented incenses like jasmine and sandalwood to cast of bad luck. You should use a odd number of sticks to make sure it works better and faster.

- **Charity**

One of the surest ways to open the doors of blessings is by giving to those who lack. This also works for repelling bad luck. You should donate with a pure and willing heart and you will be positively rewarded in multiple folds.



- **Use Essential Oils**

Witches and wizards make use of essential oils on fending off bad luck. These oils chase away bad luck and create room for good luck to take its place. You can use essential oils such as cypress, eucalyptus, and basil.

- **Use of Sound**

It's believed by different religion and cultures that bad luck and evil spirits despise the sound of bells. Loud sound attract positive energy and you can use the sound of bells in chasing away evil forces that are the carriers of bad luck. For example, bell sounds and the sounds of metal is believed in some culture to repel bad luck. You can tie a little bell around your door, or around the neck of your pet.



- **Keep a Pet**

It's wildly believed that pets are able to attract good luck and also fend off bad luck from their owners. Animals are believed to have the ability to communicate with the invisible forces of the universe and some cultures believe they are capable of spiritually protecting their owners. You can use a pet to fend off bad luck from your home. Pets like dog and cat are believed in many cultures to be capable of communicating with the unseen world. Keeping either of these pets can help you attract good luck

- **Number 7**

It's widely believed that the Number 7 is a symbol of good luck. In the scriptures, the number seven was repeatedly used as a symbol of virtue, hence it suggests positivity. You should try to incorporate more number seven in your everyday life. You can bake seven cupcakes, arrange your cups in rows of seven, etc. This can help keep bad luck away.

- **Clean Your Home**

An untidy space can attract spirits that strives in such environment, thus causing bad luck. You should clean your house and ensure that it's tidy and refreshing. A clean space can attract positive energy that will lead to good luck. Allow fresh air and nature to shine brightly in your environment as this creates an atmosphere for positive energy to radiate better.

- **Mediation**

Meditation will help you strengthen your mind and attune to your inner energy. By meditating, you will be tuning your frequency to that of the universe and this will open the portals of positive energy to radiate in your environment. You can try different forms of Yoga to find the one that best suits your needs.



- **Be Positive**

A negative mindset is a brewing ground for bad luck. Negative energy strives better when your mind is filled with negativity, hence it's necessary that you rid your thoughts of negative thoughts. Think positively and try to maintain a positive mindset as this will attract good luck.

HOW TO FIND THE RIGHT PARTNER



In a world of scarce resources, finding the right partner can be very challenging and sometimes frustrating. If you have been suffering a series of bad returns in your romantic ventures, it might be because you're doing something wrong because no matter how difficult finding the right person may be, there's someone for everyone. These tips will help you to get the right partner that will not only give you a fulfilled love life but also help improve your life.

- **Be The Best Version Of Yourself**

People tend to be attracted to a version of themselves albeit on a subconscious level. One way to attract the right partner is by being the best version of yourself. When you improve your life and become a better version of yourself, you will be attract to someone who will perfectly complement you. Invest in empowering and developing yourself — get that dream job, save up for that house, get that degree, take that vacation, go on that trip. By investing in yourself, you will a positive environment for the right partner to come in.

- **Be Confident**

There's perhaps nothing that makes a person unattractive than lack of confidence in themselves be it about their looks, education, job, etc. Being confident will make you bold enough to better yourself and also identify the right partner to join you on that journey. You will be able to have the boldness to walk up to the person you admire and tell him/her. Confidence is very sexy and attractive as it exudes a sense of value and self worth, hence it's one quality you must possess to find the right partner. For example, you should dress well, smell nice, and walk with confidence. Looking good will help boost your confidence.

- **Know What You Want**

To find the right partner you have to know what type of partner you desire. You should know the qualities you want in a partner and these qualities should be reduce to simple identifiable terms. Understanding the type of partner, you want will make it easier for you to identify them. In terms of shape, age, believes, orientation, and style, you have to know what you want from a partner and go fit it.

- **Don't Settle For Less**

After knowing what you want in a partner then you should be patient enough to find the right person. Don't be in a hurry to settle for someone who has some qualities of the partner you desire. Instead wait till you meet someone who has the embodiment of the entire qualities of the partner you desire. By settling less, you will be cheating yourself out of true love and a life of genuine happiness. Have deal breakers that aren't negotiable. For example, if it's important to you that you date a vegetarian don't settle for someone who isn't a vegetarian in the hope that they will change along the line.

- **Consider Starting With Friendship**

Sometimes, it's not enough to love someone because you're attracted to them romantically. You need to like them as a friend and enjoy their company beyond the notion of romantic thoughts. To find the right partner, you can first try to be friends with the person and get to understand each other more before taking it to the next level. Starting as friends will help you to understand the person in a manner that might be blurred by romantic feelings. It will also help you two to communicate better and build a stronger relationship.



- **Be Fun and Outgoing**

Everyone loves someone who makes them glow when they are around them. You should try to be fun and outgoing as this is an attractive feature that makes you appealing and easy to be around. Try to enjoy a good time and be light hearted as much you can be. Be expressive and always make efforts in showing you care through your actions and words. Try to go out and attend fun events, your soul mate might be someone who shares your fun element and there's nothing more amazing than this.

- **Be Humble**

Although you should be confident, you should also be humble because humility in itself is a strong indicator of a confident person. You're not perfect neither are you infallible, so humility gives you the self-awareness to understand your short coming and how to improve. Humility will also help you develop an ability to be empathetic and display genuine kindness and love which are vital qualities in finding the right partner.

- **Believe you will find the one**

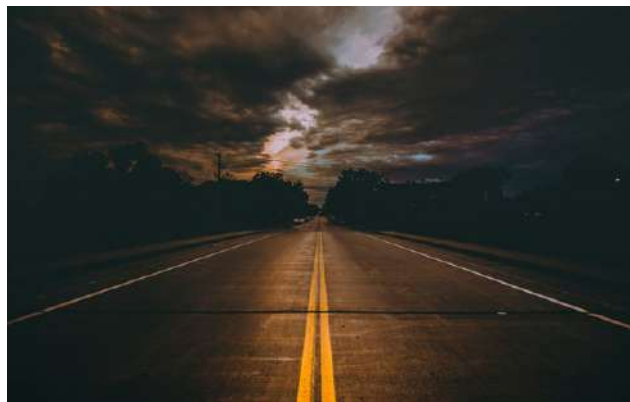
Ultimately, have a positive mindset that you will meet the right person for you. Although finding the one can be challenging especially when you have had some unpleasant experiences. However, believing that there's someone perfect for you out there and that you will find the person will help you to continue to develop yourself and prepare for the inevitable arrival of the one.

HOW TO MAKE MONEY WITHOUT FEELING GUILTY

The world is filled with people of different social economic classes. Some are super wealthy, some have enough to put food on the table, and others don't even know where their next meal will come from. Humans are yet to find a perfect formula that will create a society where everyone will be rich and this has been the status quo from time immemorial. In a world like this, it's common for people to feel guilty about having so much when others have nothing even, they have done nothing wrong. These techniques will help you understand why you should be unapologetically rich.

- **Earn A Honest Living**

It's easy to feel guilty when you have done something wrong because guilt is an emotion that's associated with wrong doing. Hence someone who steals, loot, defrauds, or amass wealth through illegal means might have a sense of guilt and often times they use this wealth to buy a clean conscience. However, if you earn money through a honest living and you haven't done nothing wrong in the eyes of God, man, and the law, there's absolutely no reason why you should feel guilty for the money you have. When your money is the product of a honest living and hard work, you should take pride in it and rid yourself of all forma of guilt that might be creeping into your mind or that people might be making you feel.



- **Remember Your Journey**

Making money is not an easy job. It takes hard work, invention, and resilience especially if you aren't born into wealth. If are fortunate enough to be able to make money off your hard work especially when you had to make a way for yourself then you have no reason to feel guilty. If you're feeling a sense of guilt for the money you have, take a trip down memory lane and look back at where you're coming from. The hardship and tough road you have had to endure to get to where you are will help you understand that you're deserving of the money you have and you don't have to feel guilty about it.

- **Gratitude**

A sense of gratitude for the wealth you have will help you to rid the feeling of guilt. Guilt comes from a negative mindset such as pride and envy. Hence when you're grateful for what you have and how far you have come, you will be able to appreciate that your good fortune is not solely down to your intelligence and hard work alone. You will be able to understand that the universe aligned in your favor and this will help you to discover a genuine sense of gratitude that will eliminate all feelings of guilt. You can show gratitude by making positive affirmations about your situation.

- **Providing Value**

When you're providing value that improves that lives and condition of others you should take pride in your job and understand that you deserve every cent you make from it. If you're a doctor, lawyer, professor, engineer, painter, actor, musician, inventor, stock broker, etc. and your job is helping people to make better decisions that makes their lives easier and better, or your job brings joy and delight to people then you shouldn't feel guilty for your money because it's a reward for the value you're providing. Using your wealth to solve problems of affecting the world will help you get rid of any guilt having wealth might cause.

- **Charity**

When you make a sincere effort from whatever you have to make the lives of those who doesn't have as much better, you have contributed in improving the lives of others and this should help you get rid of any guilt you might have for being rich. You have to understand that being rich put you in the position to help people and the more money you have the more lives you can touch. Hence instead of a feeling of guilt, you will have a sense of purpose.

HOW TO GROW IN WISDOM AND TAKE ADVANTAGE OF SPIRITUAL KNOWLEDGE AVAILABLE TO YOUR MIND

The universe is filled with a limitless data base of information that can change your life. These information are hidden in different forms and one of the ways to access them is by tapping into your spiritual knowledge and the information available to your subconscious mind. These are ways for you to attune to your spiritual mind and access the information that can help you change your life positively.

- **Look For Deeper Meanings**

There's more to life than just existing. Taking time to understand the purpose of your life will give your life meaning and rhythm that will make for a fulfilling life. Take time to study life and understand what purpose you wish to fulfill in life. This will give you a life that's greater than you can possibly imagine. For example, take a look at your life and try to understand what you want to do with beyond just living. It can be something as simple as volunteering at a school to teach kids. This can give your life meaning and a higher purpose.

- **Expression**

Expression your thoughts will let you understand what's going on in the mind. Sometimes, the universe is passing you a message and the best way to better understand it is to undergo the mental exercise of writing it down. You can keep a journal and write down the important events in your life. You can go back to your journal and look at the events that shapes your life.



- **Meditate**

Meditation is an avenue for you to move to a state that's beyond the physical realm. By trying yoga, you will break free of the physical realm and open your mind and body to the information of the cosmos that can help you to achieve a state that is beyond human comprehension.

- **Travel**

One of the best way to open your mind to knowledge is by travelling. Take a trip to different parts of the globe and experience different cultures and lifestyles and your mind will be exposed to life changing ideologies that are hidden in open places. For example, you can take a road trip across the country. This won't cost much and it will help you connect with the universe and interact with other cultures.

- **Think positively**

A positive mind is a fertile ground for the planting of knowledge. When your mind is filled with positive thoughts, you will be able to better comprehend the signs and meanings embedded in your thoughts. You will also be able to steer your thoughts towards things that will improve your mind and strengthen your subconscious.

HOW TO OVERCOME THE FEAR AND ANXIETY WHEN REALITY JUMPING



Turning one's life around positively is a task that requires courage, commitment, and resilience. It's normal for a sense of fear to creep and it's this fear that has kept many from jumping from their current life timeline to the timeline they desire. These techniques will assist you in overcoming gear and anxiety of transurfing.

- **Know The Transformation You Desire**

Knowing the transformation you desire will help you understand the direction your life is headed. So when you see yourself gravitating towards a different timeline, you will not feel fear or anxiety. Understanding the life you desire is the first step in taking the leap of faith and that will transform your life.

- **Ask Yourself: What Are You Afraid Of?**

To overcome the fear and anxiety of jumping timelines, you have to ask yourself what are you afraid of? You have to know what you are afraid of. It might be the fear of change or the anxiety of having something good which you think you don't deserve, or a fear that you lack the ability to change your life.

Whatever it might be, you need to understand what is fueling your fear because that's only when you can address your fear. For example, it might be the fear to move to another city, or change jobs, or move away from an abusive relationship. Identifying the source of the fear will help you confront it.

- **Avoid the Past and Future**

Being stuck on your past means that you're scared of taking the necessary steps to change your life maybe due to past mistakes and experiences. Being scared also means that you have travelled to the future where you're stressed and overwhelmed by the fear of the uncertainty that comes with change. Avoid the past and the future and instead stay in the present. For example, it might be your childhood trauma or the bad experience you had with a partner. Whatever it's you have you to move past it and live in the now.



- **Live in the Present**

Staying in the present means that you're taking one step at a time and living in the now. You're not stuck in the past and you're not overwhelmed by the experiences of the future. Staying in the present means that you take every experience as a lesson and you use it in improving your life. When you stay in the present, fear and anxiety will become enthusiasm and courage that will fuel your gravitation from your current timeline to the timeline you desire.



- **Reward Yourself**

For you to successfully conquer your fear of change, you must remain positive and appreciate the efforts you have made. A reward system will help you to avoid being overly critical on yourself which is a feeling that can lead to fear that can stifle your growth and development. For example, you can reward yourself by taking a break from working excessively or by going on vacation to unwind. You can also reward yourself with a little present no matter how small or expensive.

- **Accountability**

Adopting accountability in overcoming fear and anxiety in the course of changing your life can be very helpful. Accountability can help you to maintain a life consistency that will keep you on track and help you to stay motivated.

HOW TO TURN YOUR BIGGEST CHALLENGES INTO YOUR BIGGEST JUMP IN LIFE

There's the famous saying that when life throws lemons at you, you should make lemonade out of it. Life is filled with different challenges and the world isn't a merry go round. Hence in life one must be ready to confront adversity and turn it into opportunities. In a world that is filled with challenges, these tips will help you understand how to turn challenges to life changing opportunities.

- **Have A Plan**

The challenges of life are not always one-off. They are usually reoccurring and you can see them playing out in front of you, hence this gives you a chance to prepare. By anticipating the challenges you might face, you can make a plan that will position you to take advantage of the challenges.

- **Know You're Not Alone**

Everyone in the world faces challenges. Even the most successful and most famous go through trying times hence you're not alone. You should look at the lives of those you want to emulate and see how they confront challenges. This can inspire you to know how to face challenges and turn adversity your way.

- **Ask For Help**

No one is an island. Even the biggest economies in earth ask banks for loans and the biggest companies sometimes need bailouts. You shouldn't be scared or proud to ask for help. Surround yourself with people who care about you so you can turn to them in times of hardship.

- **Process Your Emotions**

Don't ignore your feelings. Go through the process and feel all the emotions because this will help you to process your thoughts and put you in the position to take better decisions. For example, you can process your emotions by writing it down or speaking with someone who can support you.

- **Learn To Accept Support**

Accepting help can be difficult for some people especially those who have spent their lives being strong. However, understand that you're not a superman and you can't always do it alone. Accept support when offered because it's a privilege that can help you defeat adversity. For example, you can join a support group that assists people with situations you might be dealing with. Having support around you can help you cope better.

- **Be Open To Lend a Helping Hand**

There's a saying that what you give will always find its way back to you, this saying is trite and it should be one of the guiding principles of your life. Helping others will put you in the good books of the universe and put you in a position to turn your challenges to opportunities.

- **Always Think Big**

Don't limit yourself by thinking small. When you think big you will be able to see challenges as a chance to grow and improve your personal life and finances. Significant changes don't come with playing it safe. Sometimes, you need to take big risk to get big results and this involves turning challenges to opportunities.



- **Have a Positive Mindset**

A positive mindset is a breeding ground for positive ideas. When you have a positive mindset, you will be able to lead a positive life and thus you will be able to view challenges from a positive angle instead of a negative view. For example, you can maintain a positive mindset by responding to challenges with calm and enthusiasm. You might have a boss who speaks rashly, by staying calm, you will be able to maintain a calm voice and diffuse the situation.

- **Never Give Up**

To overcome challenges, you must have the spirit of resilience in the face of adversity. When you fall you must stand up and keep moving until you reach the promised land. Some of the most successful people in human history were epitomes of resilience and they displayed sheer willpower even in the face of crippling challenges. Don't give up and soon, everything will go your way.

USING MEDITATION TO IMPROVE YOUR LIFE

Meditation is the food of the soul that helps the mind to attune to the frequency of the universe and feed of the limitless abundance present in the universe. Meditation has tremendous positive effects that can drastically improve your life. The advantages of meditation include the following.

- **It Enhances Self-awareness**

Meditation can help you to understand yourself better, process your thoughts more smoothly and grow into your best self. A meditation of, self-inquiry can give you a better understanding of yourself and help to build better relationship with people around you. Meditation gives you a better awareness of your thoughts and help you to maintain a positive mindset that will generally improve every aspect of your life.



- **Promotes emotional health**

Some forms of meditation can lead to improved self-image and a more positive outlook on life. Meditation helps you to achieve a state of calm that can have tremendous importance in helping you manage your thoughts and actions.

- **Controls anxiety**

Meditation can reduce stress levels, which translates to less anxiety. With meditation, you can learn to control your impulses and achieve a level of calmness that will reduce anxiety and panic. Scientific study has found that meditation helps reduce anxiety symptoms in people with generalized anxiety disorder, along with increasing positive self-statements and improving stress reactivity and coping mechanism.



- **Stress Reduction**

Stress reduction is one of the primary reasons people engage in meditation. Physical and mental stress can lead to exhaustion and hormonal changes that can release inflammatory chemicals called cytokines. This can go disruption of sleeping pattern, promote depression and anxiety, increase blood pressure, and contribute to fatigue and cloudy thinking. Meditation can reduce stress and its resultant effects.

- **Lengthens attention span**

Meditation can help increase the strength and endurance of your attention. A study has found that people who listened to a meditation tape experienced improved attention and accuracy while completing a task, compared with those in a control group.

- **Can generate kindness**

Some types of meditation are known to improve positive feelings and actions toward yourself and others. Metta, a type of meditation is synonymous with living, kindness, and a feeling of thoughts and feelings toward yourself. By practicing this form meditation, you can learn to extend the ability to show kindness and forgiveness to those around you.

- **Improves sleep**

Insomnia is a common sickness that many will get to struggle with at some point. A scientific study has shown that mindfulness-based meditation have improved cases of severe insomnia. Meditation can help you to control your racing thoughts that can lead to insomnia. Meditation helps to relax the body and relief tension and helps you to sleep more peacefully.

TYPES OF MEDITATION



There are different types of meditations that can improve different aspects of your life. You can choose the meditation technique that best suits your needs.

- **Loving-Kindness Meditation**

Loving-kindness meditation is also known as Metta meditation. Its goal is to cultivate an attitude of love and kindness toward everything, even a person's enemies and sources of stress. You can practice this meditation by sitting upright with your knees up while breathing deeply. Your mind will be opened to receive a calming effect that will set your mind and body at peace and let you radiate with positive energy. This meditation technique works in tackling issues of Anger, Frustration, Resentment, Interpersonal conflict, etc. This meditation may increase positive emotions and has been linked to reduced depression, anxiety, and post-traumatic stress or PTSD.

- **Progressive Meditation**

Progressive relaxation also known as body scan meditation, encourages people to turn their bodies for areas of tension. The goal is to identify the spot of tension and to allow it to release. A progressive meditation session begins at one end of the body, people tend to start at their feet, and work their way up. Through progressive relaxation, you can achieve a general feeling of calmness and relaxation. It can help you achieve a feeling of calmness that can relax the body relief pain.

- **Mindful meditation**

Mindfulness is a form of meditation that helps you to improve your awareness and presence of mind. A form of mindfulness is involved in most kinds of meditation. Breath awareness encourages practitioners to be aware of their breathing, while progressive relaxation draws attention to areas of tension in the body. Studies have discovered that mindful meditation helps reduce fixation on negative emotions, Improve focus, Improve memory, Lessen impulsive, emotional reactions, and Improve relationship satisfaction.

- **Breath awareness meditation**

Breath awareness is a type of meditation that deploys mindful breathing in calming the body. You practice this meditation by breathing slowly and deeply while ignoring other thoughts that tries to enter the mind. Breath awareness meditation helps to improve the state of mind, bring calm to the body, and relax the nerves.

- **Kundalini yoga**

Kundalini yoga is a physically active form of meditation that blends movements with deep breathing and mantras. kundalini yoga improves physical strength and reduce pain. It may also improve mental health by reducing anxiety and depression.



- **Zen meditation**

Zen meditation also known as Zazen is a form of meditation that is fine by finding a comfortable position, focus on breathing, and mindfully observe one's thoughts without judgment. This form of meditation is similar to mindful meditation but requires more discipline and practice. Hence it is an advanced level of mindful meditation especially for those who have learn to master control of their thoughts.

- **Transcendental Meditation**

Transcendental Meditation is a spiritual form of meditation where practitioners remain seated and breathe slowly. The goal is to transcend or rise above the person's current state of being. This is a way to attune your frequency and become one with the universe. You can focus on a mantra or a repeated word or series of words. The mantra will be determined based on a set of factors. You will keep repeating this mantra until your mind becomes open and you feel yourself in the field of knowledge where the impossible becomes possible.

- **Chakra Meditation**

This is an easy, accessible way to move energy and connect to the subtle body. Sit comfortably with your spine lengthened and begin to breathe deeply but gently. Close your eyes to bless yourself with total presence during this meditation.

Begin with your feet and imagine that there's a small ball that is inflated with your breath. Take slow and deep breaths until the ball increases in size. This is the Earth Star Chakra and will begin to help you pulsate with the heartbeat of the Earth.

You can then move up to your root chakra which is located at the at the perineum for some, and between the thighs for others.

Bringing your attention to your Sacral Chakra, feel the warm orange glow, and expand or decrease it to match the size of the other two.

Continue moving up your body to the Solar Plexus Chakra and allow the warmth of the sun to charge this yellow chakra. Expand its size to be in alignment with those already balanced below. Feel the inviting green of your Heart Chakra and breathe into it until it too is a consistent size.

Bring yourself to the blue of your Throat Chakra, breathing with it until its size matches those below.

The 3rd Eye Chakra will emit an indigo-colored light, deeper and more powerful than the blue of your throat. This one may take a bit more care and patience or, in the case of highly sensitive people, it may be noticeably out of whack with the others. Be patient as it comes into alignment with the other chakras.

Drifting upward to the Crown Chakra, feel the vibrant violet that resides there. Effortlessly allow its size to match that of the others.

The platinum (white or gold) light will be our final place of attention. Residing about six inches above the Crown Chakra, this chakra connects us to the galactic realms, giving us a direct connection with our deeper soul. Be with it until it too reaches the size of the others.

With all chakras balanced, you can continue to commit yourself to be more present with these energies. Gently open your eyes, and carry on with the ways of feeling more of yourself present in the world!

As you deepen your chakra meditations, you will experience more of your truth. Befriend the wisdom of each energy center, and allow yourself to embody it even for a moment, the frequency you're perceiving. What may initially be a simple exercise could form the basis of a whole new path of experience.

SUMMARY



Learning the secrets of the reality jump from one timeline to another is important if you want to positively change your life. However, what's even more important is the manifestation techniques that will help you take practicable steps in the reality code journey. In this book you have learnt the principle of the reality jump and also the Manifestation techniques to back up the principle. With patience and commitment, you will be able to combine the two to successfully gravitate from your current timeline to the timeline you desire.

I have no doubt in your desire to win and in your ability to do so. Have a faith in yourself, believe you deserve the best, and surrender your body and mind in taking you to your desired destination. Ultimately, be patient with yourself, be kind to yourself, and trust the process, and you will be unstoppable. I hope this book opens the doors of a reality where the impossible becomes possible. I'm and will always be rooting for you.