

This audio track uses frequencies that have the power to affect your body on a cellular level, in such way shifting your reality and aligning it to a new timeline.

If you haven't read the guide to using this audio track, I will provide you with a brief anchoring practice to get you into an empty state of mind... that will allow you to travel anywhere you wish to be.

This step is very important as the empty state of mind is the kernel... the fertile soil from which you can make your first jump to wherever you wish to be in space and time.

Now, listen to my calm soothing voice and follow my instructions.

Begin to notice the world around you... Notice everything around you with its every little detail... Anchor yourself to this present moment... Breathe.

Now, we are going to take 20 mind-clearing breaths together, and I want you to follow my voice. This voice will open the door to your first jump in space and time.

Let's begin.

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***[Breathe in.... Breathe out] x 10***

***Your attention is fully focused on the breath, your thoughts pass you by like clouds in the sky...***

***[Breathe in.... Breathe out] x 10***

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Now that you are in this calm, collected state of mind, you are ready to receive the key that will allow you to transcend into space and time. In order to prepare for the process you need to follow the below steps:

Listen to this audio track once a day for the next 21 days, preferably in the morning.

Be curious and let the 7-word command seep into your mind and slowly change your world.

Let yourself enter a state of allowing. Allowing life to bring you the best gifts in life you can imagine.

Use the following 7 words as a key to a portal of abundance and all possibilities.

There is no effort needed from you.

Everything you dream of will turn into reality.

Now that your mind is ready to bring this new reality to you... listen carefully to the 7 words that I'm about to recite, and let them fully permeate your mind.

**Repeat these 7-words in your mind, as I recite them.**

**Please, repeat these 7-words in your mind as I recite them.**

Are you ready? Let's begin.

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*Enter a world where dreams are reality.*

*[ 7 second pause for mental repetition ]*

**== x 40 times.**

Now that this sacred phrase is engraved into your mind and has become a part of you - a part of your soul, a part of spirit, a part of your body and mind... Now everything will begin to happen in alignment with your highest good.

You'll feel a rush of energy and a deeper insight will begin to descend upon you.

Like a soft whisper, like the sound of the wind, reaching out to you.

In this soft voice...in this soft whisper, there will be a message for you.

Listen to it, write it down... It will contain the next step that you need to take in your life.

This is your intuition talking to you, giving you the answer...

Whatever this soft whisper is telling you, it will be the fastest path to enter this new world where your dreams will become your reality.

Every time that you feel lost, confused, or you think life is moving too slowly for you, or you find yourself stuck in a negative timeline ...

**Just listen to this audio once again.**

Now to conclude this session, please open your reality code journal, and write down one of the insights the soft whisper is telling you.

It can be anything.

Whatever comes to your mind first, just write it down.

And that's all you need to do for the next 21 days.

Your wish is your command my dear one.

Enjoy the fruits of your divinity!